

October Newsletter



We are grateful-- for you!

We hope your weekend was relaxing and filled your bucket... and you're all set to tackle the week ahead. The Infinity team wants to give you a big thank you for being part of our awesome gym family!



Halloween

Halloween will soon be upon us and wanted to clarify that our classes will still run that evening for those that can work around their trick or treating schedule.

Halloween is a fun and exciting time for many families, and we'd like to remind everyone it's important to remember to stay safe while trick or treating.

New Classes

For October, we are excited to announce that we will again be adding weekday homeschool classes as well as weekday babynastics and parent/tot. In addition, we will soon be adding private lessons..

We are also now offering adult fitness and adult gymnastics!

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from the HORSES mouth...



New Staff

We would like to issue a very warm Infinity welcome to our new staff members!

Our new CIT's (Coaches In Training): Lilly, Isabelle & Ellie
And our new Receptionist: Shelley

We know you will help make them feel welcome and we are so excited to continue to grow to serve our gym families better.

How can I help my child outside of the gym?

Gymnastics and Parkour are extremely physical activities that require both strength and flexibility to perform well. Not everyone is built the same way and everyone needs to work on their own improvement.

Increasing strength as well as flexibility takes practice. And practice. And more practice. As much as we all wish we could wave a magic wand and become the best at everything, sadly, it doesn't work that way. Sometimes kids need to be reminded of this in such an instant-gratification world so that they stay engaged and "eyes on the prize". Just hearing it in class doesn't always work. Remind them that gaining strength and flexibility takes time and hard work and their progress may be different than others. Just like learning to ride a bike has it's frustrations and skinned knees, the practice is what gets us there. Think of encouraging the "work", the listening, the focus. After class, ask what they learned; Did they accomplish something they'd been working on? Did they improve at something? Be supportive and encouraging so that they will continue it work for it.



HUGE Announcement!

We are bursting from excitement!

We are finally able to reveal what has been going on behind the scenes for about a year.

We are building a brand new facility that we hope will become a haven and recreational hub for our community. The new Infinity space will be close to 3x the space we have now.

The new facility will be located on an 8.7 acre parcel of land that we call "Forest of Dreams", located at the corner of Van Buren & Kingdom Roads and we hope that it will be ready late 2024.

Stay tuned for more details in next month's newsletter!

Important Dates

October: "Fall Leaf" contest!

Oct 7, 8, 9

Gym **closed** for Thanksgiving

Sat. Oct. 14

Laser Tag
[Register Online](#)

Oct. 27

PA Day Camp
[Register Online](#)

Sat. Oct. 28

Kids Night Out!
[Register online](#)



grateful
♥

Don't Forget!

Register for our
NEW classes starting
this month!

Look ahead to Nov.:

- Spirit Team will participate in the Christmas parade November 18th

Kemptonville Infinity



DID YOU KNOW?

We hope you will enjoy this new feature in our newsletter to provide you with answers to some frequently asked questions.

Coaches Certification & Ongoing Training

Having coaches properly trained is of utmost importance to Infinity. All of our coaches have a minimum of NCCP Foundations Training & Artistic Gymnastics by Gymnastics Ontario. Our Coaches in Training receive mentoring by our coaches until they take their NCCP/GO training. We also provide ongoing training updates to our coaches as well as workshops in behaviour management and other training so they can provide the best training for our athletes.

Growing Our Coaching Staff

If you or someone you know has gymnastics in their background (maybe a former gymnast?) and is interested in finding out more about being a part-time coach at Kemptville Infinity, please email a resume to management@gmail.com. We are willing to pay for all required Gymnastics Ontario coach training for candidates who are a good fit with our Infinity team.

Payment Policy

At the time of registration, you would have acknowledged our payment policy. There is always a copy on our webpage which you should review from time to time. A reminder that payments are automatically deducted from your credit card on the 20th of the month for the next month's tuition. If you would like to pay by EFT or cash, please do so before the 20th of the month or your credit card on file will be debited. Also, please let us know by the 20th of the month if you wish to withdraw for the next month so that the spot can be given to someone else on the waiting list. Please review our payment policy as to the procedures if we are notified after that date.

Contact Us

FYI, the gym phone number if you ever need to call in is **613.617.0888**.

In addition, the best way to have your questions answered is by email as follows:

General inquiries, class changes

info@kemptvilleinfinity.com

Billing and financial inquiries

admin@kemptvilleinfinity.com

General Manager

management@kemptvilleinfinity.com

Competitive program inquiries

competitive@kemptvilleinfinity.com

NEW

Starting
October
17th

DAYTIME CLASSES

@ **Infinity**



TUESDAYS

Adult Fitness Class 12:30-1:15pm (\$60 or \$100 Tues & Thurs)

Seahorse Parent & Tot (18 months - 3 yrs) 1:30-2:15 (\$ 75)

Homeschool Gymnastics 2:30-3:30pm (\$70 or \$120 Tues & Thurs)

WEDNESDAYS

Jellies Babynastics (1-18 months) 10:00-10:45 am (\$75)

Seahorse Parent & Tot (18 months - 3 yrs) 11:00-12:00 pm (\$75)

Adult Movement Class (55+) 2:30-3:30 pm (\$60)

THURSDAYS

Adult Fitness Class 12:30-1:15pm (\$60 or \$100 Tues & Thurs)

Seahorse Parent & Tot (18 months - 3 yrs) 1:30-2:15pm (\$75)

Homeschool Gymnastics 2:30-3:30pm (\$70 or \$120 Tues & Thurs)

Registration NOW OPEN

www.kemptvilleinfinity.com

Register Online



LET'S MOVE!



**STARTING
OCT. 17TH**

ADULT FITNESS *with Coach Anna*
TUES & THURS 12:30-1:15PM
(\$60/MONTH EACH OR \$100 FOR BOTH)

Unleash a burst of energy to get through your day with fitness classes crafted to suit a variety of fitness levels, abilities, and ages! Plus-- Super easy on the joints with our spring flooring.

ADULT GYMNASTICS *with Coach Anna*
WEDNESDAYS 8-9PM
(\$90/MONTH)

Whether you are coming to refresh your gymnastics skills or learn from the beginning, come on out and have some fun!

JOIN NOW

kemptvilleinfinity.com

274 County Road 44, Units 1 & 2, Kemptville, ON



Drop-in and

HAVE A

BALL

WITH US!

TUESDAYS - 10 AM TO NOON

WEDNESDAYS 12:30-2:30PM

THURSDAYS- 10 AM TO NOON

Kids under 5 Yrs and an adult
\$10 PER CHILD

Kemptville
Infinity

Spaces limited!! First come, first serve

Kemptville Infinity 274 County Road 44 Units 1&2 Kemptville, ON

info@kemptvilleinfinity.com



Kemptville Winter Carnival 2023

If you love being involved in the community, are enthusiastic and love to entertain-- you need to join

INFINITY'S COMMUNITY SPIRIT TEAM

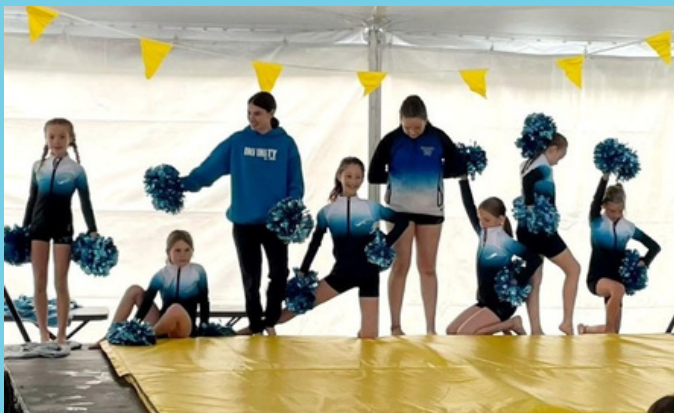
Infinity's Community Spirit Team, now starting its 2nd season, is a group of enthusiastic athletes & dancers who represent Infinity at community events by encouraging community spirit and entertaining the crowd.

Athletes will work on routines, including poms, dance and synchronized line routines ready for community events.

Pom, jazz and acro training will be part of the classes.



2023 Redblacks game



Kemptville's Got Talent 2023

We are looking for enthusiastic athletes & dancers who would like to join our team and become leaders in our community. A great opportunity to work as a team, gain skills, build confidence, have fun with friends and meet new people.

Choreography and FUN for all ages and levels!

REGISTRATION NOW OPEN

www.kemptvilleinfinity.com

starting September 9, 2023 - Saturday 4-5pm practices

-cost \$40/month for existing Kemptville Infinity athletes
or \$80/month for non Kemptville Infinity athletes

email mary@kemptvilleinfinity.com with any questions

Kemptville
Infinity

PD DAY CAMP!

JOIN US FOR A DAY
OF GYM FUN,
GAMES & CRAFTS!

FRIDAY, OCT 27TH
9AM-4PM

AGES 4+
LIMITED SPACES
\$50+TAX
(2+ SIBLING DISCOUNT)



REGISTER NOW

info@kemptvilleinfinity.com

274 County Road 44, Units 1 & 2, Kemptville, ON

www.kemptvilleinfinity.com

KEMPTVILLE INFINITY
PRESENTS...

Kids Night Out

It's time to leave Mom and Dad at home and
come have fun with friends at Kemptville Infinity!

Sat. October 28, 2023

5pm-9pm

Ages 4+



\$40/child

● **\$70/2 siblings**

\$100 max/family

- games
- crafts
- pizza dinner
- movie

Register today! www.kemptvilleinfinity.com

Kemptonville Infinity

hosts

LASER TAG



**Kemptonville Infinity has partnered with
Funlight mobile laser tag**

SAT. OCT. 14TH


6:00 PM-9:00 PM

\$15 PER PERSON, 30 MINUTE SESSIONS

GROUP DISCOUNT FOR 10+ PARTICIPANTS

BOOK ONLINE: KEMPTVILLEINFINITY.COM

private bookings available for groups of 10+
EMAIL INFO@KEMPTVILLEINFINITY.COM



Home School Classes

- Tuesdays & Thursdays
- 2:30 to 3:30 pm

These classes are designed for families who offer a homeschooling education. Students will do physical activity and learn some gymnastic skills offered by **Coach Anna** on various types of equipment in a fun learning environment. Starting in October and going until June, monthly tuition, customized to your child's needs.

JOIN NOW

 613-617-0888

 www.kemptvilleinfinity.com

 274 County Road 44, Units 1 & 2,
Kemptville, ON

Kemptville
Infinity

providing endless possibilities